



# Health Services

LOS ANGELES COUNTY

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Board of Supervisors

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**Christina R. Ghaly, M.D.**  
Deputy Director, Strategic Planning

July 31, 2014

TO: Each Supervisor

FROM: Mitchell H. Katz, M.D.  
Director

**SUBJECT: HOUSING FOR HEALTH (HFH) QUARTERLY REPORT**

On January 14, 2014, the Board instructed the Director of the Department of Health Services (DHS) to submit quarterly reports to the Board on Housing for Health permanent supportive housing outcomes including funds, costs, number and composition of clients housed; integrated health, mental health, substance disorder and benefits establishment results; utilization rate and duration of housing subsidies; number of clients transitioning off of housing subsidies; and characteristics of housing units secured.

## BACKGROUND

In November 2012, DHS established the HFH division to expand access to supportive housing for DHS patients who are homeless and who have complex medical and behavioral health conditions and/or are high utilizers of DHS services.

HFH utilizes a full range of community based housing options, including non-profit owned supportive housing, affordable housing, and private market housing. Tenants receive federal rental subsidies such as Section 8 Project Based or Tenant Based Vouchers or a local rental subsidy through the Flexible Housing Subsidy Pool (FHSP). All individuals who are housed through HFH programs are assigned to a homeless services provider to receive Intensive Case Management Services (ICMS). These services include outreach and engagement; case management with ongoing monitoring and follow-up; linkage to health, mental health, and substance use disorder services; assistance with benefits establishment; assistance with life skills, job skills, and educational and volunteer opportunities; crisis intervention, etc. ICMS providers provide "whatever it takes" wraparound services to assist clients in regaining stability and improved health.

## NEW EXECUTED WORK ORDER

Pursuant to the Supportive Housing Services Master Agreement approved by the Board on June 19, 2012, this is to advise the Board that DHS has executed a Work Order to the Supportive Housing Services

313 N. Figueroa Street, Suite 912  
Los Angeles, CA 90012

Tel: (213) 240-8101  
Fax: (213) 481-0503

[www.dhs.lacounty.gov](http://www.dhs.lacounty.gov)

*To ensure access to high-quality, patient-centered, cost-effective health care to Los Angeles County residents through direct services at DHS facilities and through collaboration with community and university partners.*



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Master Agreement for Intensive Case Management Services with Lamp Community to operate the South Los Angeles Recuperative Care Program. County Counsel has reviewed and approved the Work Order.

**QUARTERLY REPORT**

Please find attached the quarterly report in dashboard format. If you have any questions, please contact me or Mark Ghaly, Deputy Director of Community Health, at (213) 240-7702.

MHK:mg

cc: Chief Executive Office  
County Counsel  
Executive Office, Board of Supervisors

Attachment

# HOUSING — FOR — HEALTH

## Quarterly Report

April-June 2014



**Health Services**  
LOS ANGELES COUNTY

# Number of Clients Housed

- Housing for Health (HFH) clients are DHS patients who are homeless and who have complex medical and behavioral health conditions and/or are high utilizers of DHS services.

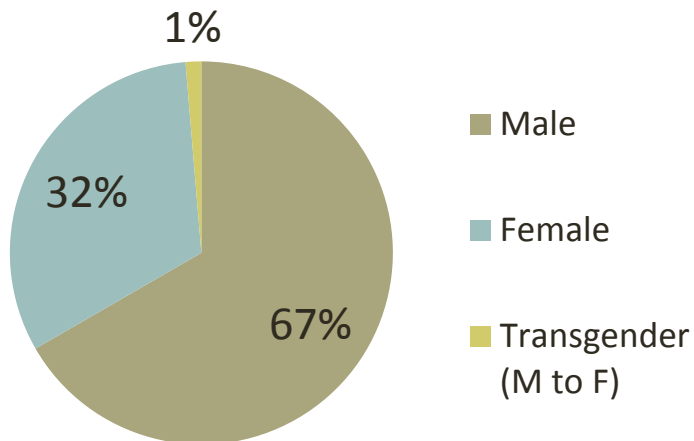


## HFH Housing Outcomes

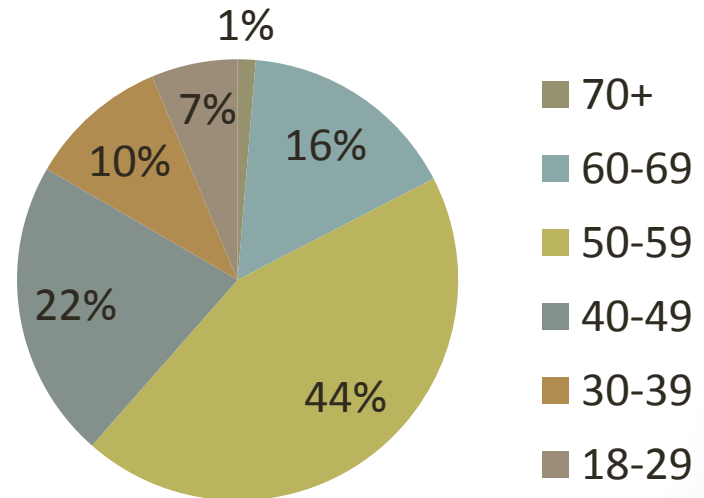
Total # of clients who have attained housing since HFH began in November 2012	379
Total # of clients who are currently housed	361
Total # of clients housed April-June 2014	72

# Demographics of Clients Housed

**Gender of Clients Housed (N=379)**

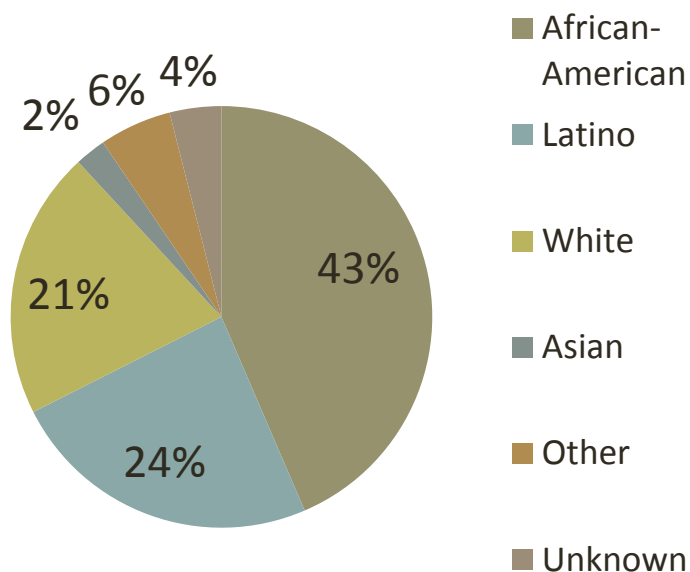


**Age of Clients Housed (N=379)**



# Demographics of Clients Housed (Cont.)

## Race/Ethnicity of Clients Housed (N=379)



## The most common diagnoses of HFH clients:

- Hypertension
- Diabetes
- Congestive heart failure and heart disease asthma
- Cancer
- HIV/AIDS
- Hepatitis C
- Lung disease
- Depression
- Bipolar disorder
- Post-traumatic stress disorder

# Housing Status and Retention

## Homeless Status\*

- The average length of time that clients experienced homelessness was 3 years and 7 months and the median length of time was 2 years.
- The majority of HFH clients were chronically homeless (83%), which means they were homeless for more than one year or experienced four or more episodes of homelessness in the last three years.

## Housing Retention Rate\*

- After six months in housing, 96% of our tenants remained housed and after 12 months of housing, 96% of our tenants remained housed.

## Exits From Housing This Quarter

- Four patients exited housing this quarter. One patient passed away and three voluntarily surrendered their units.

\*Data as of 3/31/14

# Flexible Housing Subsidy Pool Update

## FHSP Quarterly and Program-to-Date Accomplishments:

Move-ins April-June 2014	57
Total move-ins to date	81
Units secured* April-June 2014	75
Total units secured* to date	99

\*Refers to the number of units that have been secured under a rental subsidy agreement with the property owner and includes occupied and soon to be occupied units.

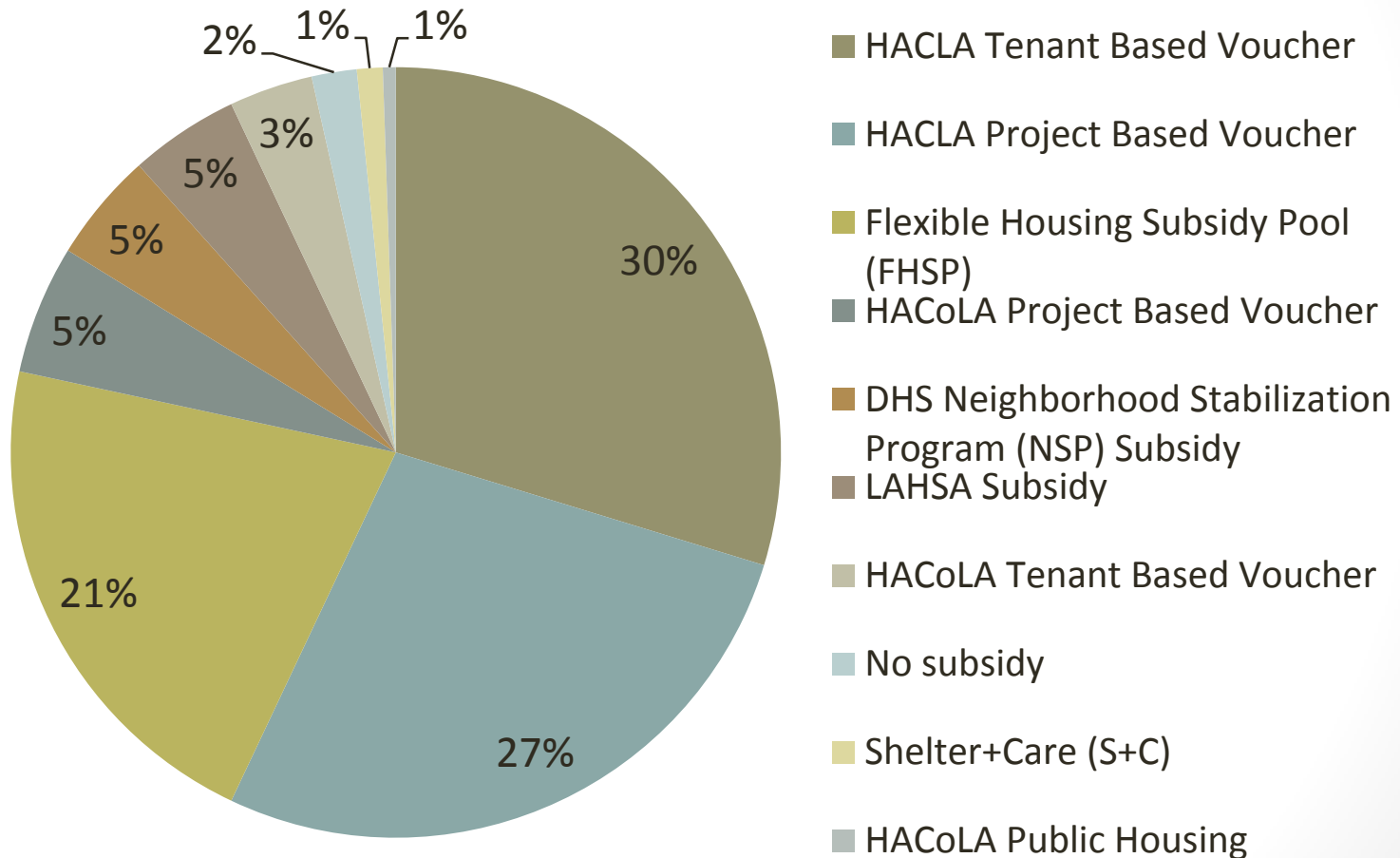


# Characteristics of Housing Units

- Units in the HFH portfolio range in size and type across the County from large apartment buildings to smaller single family homes and are appropriate to household size and composition.
- This quarter 75 units were subsidized with the Flexible Housing Subsidy Pool:
  - 45 studio units in SPA 4. All units were furnished using Home for Good move-in assistance funds. Furnishings include bed, table and chairs, sofa, lamps, kitchen stand, bed linens, and kitchen supplies.
  - 30 studio units in SPA 1. All units came furnished and security deposits were funded using Home for Good move-in assistance funds.

# Type of Housing Subsidy

## Subsidy Type for Clients Currently Housed (N=361)



# Service Integration

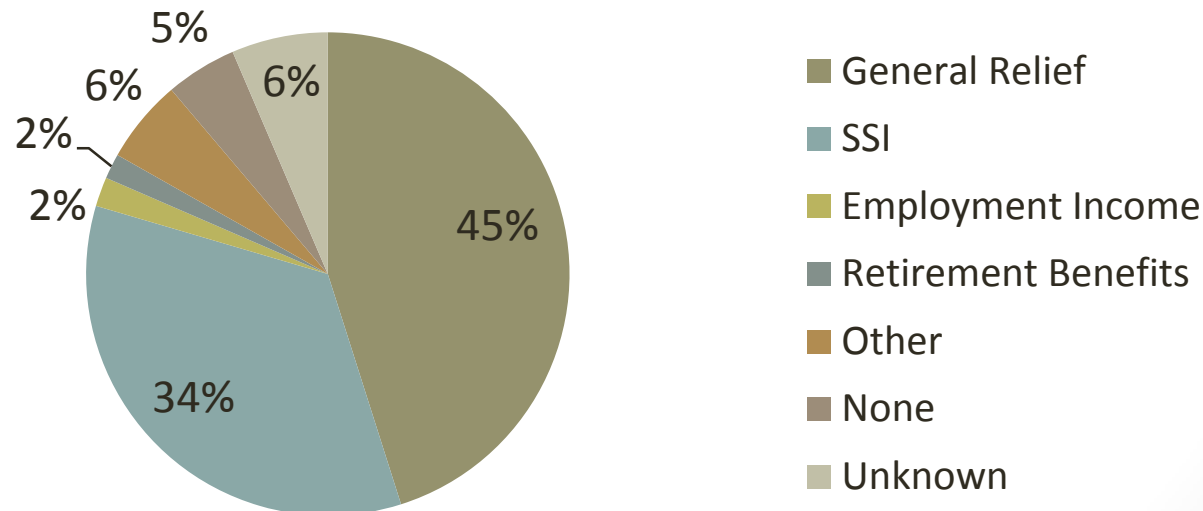
Efforts to improve County service integration:

- A representative from DMH made a presentation at the June 4<sup>th</sup> at the quarterly HFH Intensive Case Management Services (ICMS) meeting on service navigation for HFH patients. Participants learned how to access services using the DMH system navigators.
- A representative from DPH Substance Abuse Prevention and Control will present on service navigation at the next quarterly ICMS meeting on September 3<sup>rd</sup>.

# Client Income and Health Insurance

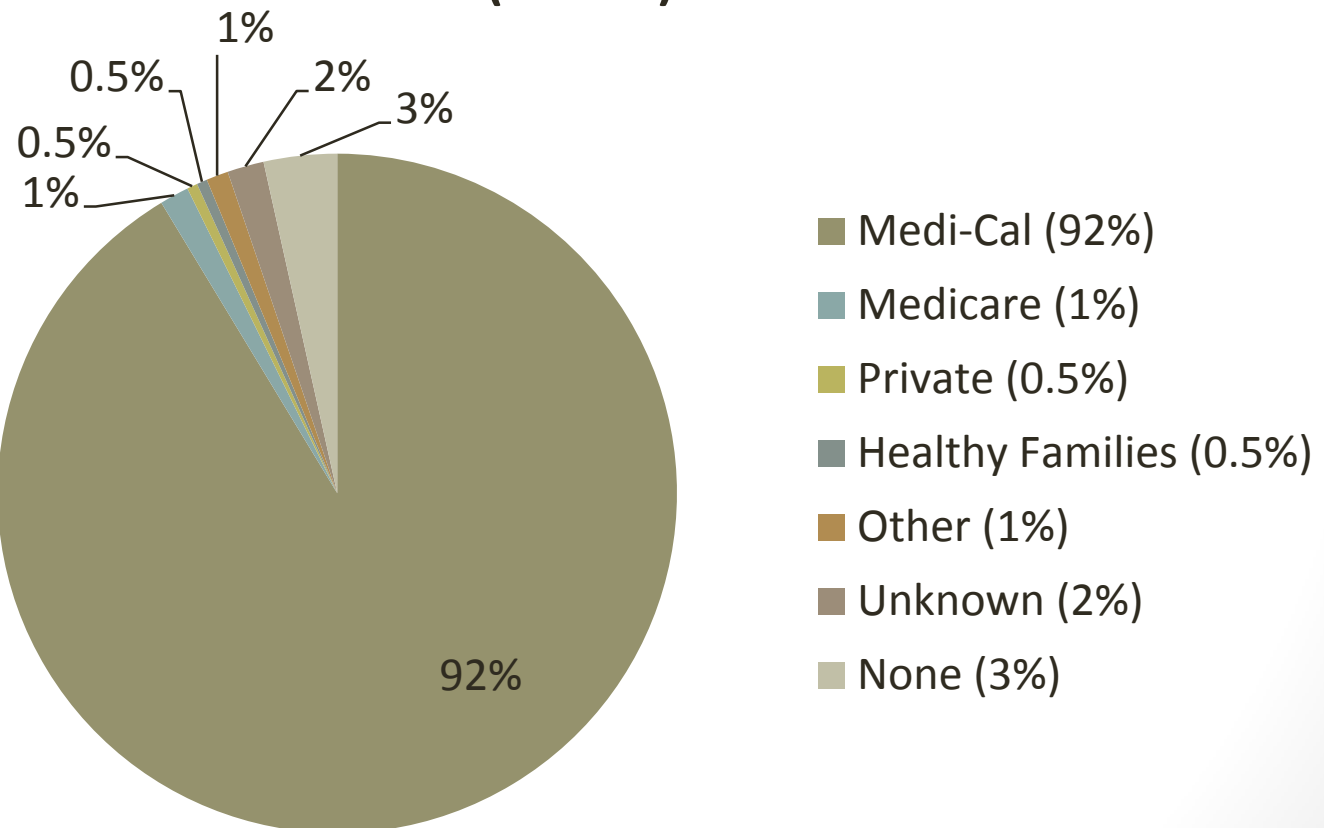
- During the client intake and assessment process, the Intensive Case Management Services (ICMS) provider obtains information on the client's income and health benefits. If the client appears to be eligible for a benefit they are not currently receiving, the ICMS provider will assist them to obtain any necessary documents and will complete and track applications for DPSS Services (CalFresh, Medi-Cal, GR, CalWORKs, and IHSS) and SSI.

## Income of Clients Currently Housed (N=361)



# Client Income and Health Insurance (Cont.)

**Health Insurance Type for Clients Currently Housed  
(N=361)**



# Permanent Supportive Housing Funds/Costs

- The source of funds for the Property Related Tenant Services work order to operate the FHSP is DHS County General Fund dollars, the Conrad N. Hilton Foundation, and the office of Supervisor Mark Ridley-Thomas. The estimated cost for Fiscal Year 2013-2014 was \$1 million.
- The source of funds for contracted ICMS services in permanent supportive housing is DHS County General Fund dollars. The estimated cost for contracted ICMS services in Fiscal Year 2013-14 was \$1.5 million.
- The source of funds for the Property Related Tenant Services work order to operate the South Los Angeles Supportive Housing Program is DHS County General Fund dollars. The estimated cost for Fiscal Year 2013-14 was \$665,000.

# South Los Angeles Recuperative Care Opening Late Summer 2014

- In an effort to respond to the high need for recuperative care services, Housing for Health will open a 38 bed recuperative care site in South Los Angeles (East Rancho Dominguez) late summer 2014. The site has the capacity to serve patients with mobility impairments and provides wheelchair accessible community space indoors and in an open air courtyard.
- The site will be operated by LAMP Community, a non-profit agency with over 25 years of experience providing services to homeless individuals.

# Featured Permanent Supportive Housing Site: South Los Angeles Supportive Housing Program

- Located in South Los Angeles
- Scattered site program with 15 newly renovated properties in South LA with a total of 56 units
- Properties acquired and renovated with HUD Neighborhood Stabilization Program funding in partnership with the City of LA Housing Authority and the Housing and Community Investment Department
- Support Services provided by Housing Works





# Featured Client Success Story:

## A New Home and a New Stride

When Sam was referred to Housing for Health he was homeless, having trouble controlling his diabetes, and was using a wheelchair due to a leg amputation related to the illness. The Housing for Health team placed Sam in stabilization housing where his case managers at LAMP Community helped him make his appointments at Rancho Los Amigos National Rehabilitation Center, a task that had been difficult before due to lack of transportation. Soon after, Sam received two pieces of good news: he was going to be fitted for a prosthetic leg and he was approved to move into his own subsidized apartment.

Sam was placed at a HFH unit at a building with on-site supportive services and was quickly connected to a case manager who worked with Sam daily to reach his goals including to someday walk independently again. Within only a few months, Sam took his first steps in ten years. And now his stride is getting stronger each day. In addition to walking on his own, Sam is now doing other things he never thought possible, like making new friends and participating in community events at his building.

\*Name changed for confidentiality.